

# THE COMPLETE HEALTH CENTRE

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## THERAPIST PRICE LIST

Therapist	Expertise	Day	Duration	Price
Ben Amigoni	Personal Trainer	Friday 9.30,10.45 or 12.00	6 steps to Fitness class 1 hr x 6 classes	£36.00
Susanna Baker	Clinical Psychologist	As required	1 <sup>st</sup> Appt 1.5 hrs Follow up – 1 hr	£160 £100
Cheltenham Mediation	Family mediation	As required	Refer to individual mediator	
David Beales	Practising Physician specialising in mind body medicine	Thursday - as required	1 hr	£60
Melanie Bowers	Aromatherapy  Sports Massage	Thursday – am, lunch time and afternoon	Full body – 80 mins Introductory 60 mins Follow up session 40 mins 1 <sup>st</sup> appointment – 60 mins Follow up - 40 mins	£47 £42 £35 £42 £35
Phil Braiden	Hypnotherapist	Monday am Wednesday all day Friday am	1 <sup>st</sup> Appt 15 min consult 50 min NLP/Clinical Hypnotherapy session 120 min breakthrough session 120 min assisting quit smoking	FREE £ 60 £120 £145
Christabel Butler	Counsellor (also available in Fairford)	Tuesday pm Tuesday evening Daytime as required	1 hr (individual) 1 hr (couple) 1 hr 15 mins (couple)	£40 £50 £60
Douglas Caird	Reflexology Therapeutic Massage  Integrated Massage  Reiki Indian Head Massage Thermo-Auricular therapy (Hopi Ear Candling)	As required	1 hr 1 hr 1 hr 30 mins 1 hr 1 hr 30 mins 1 hr 1 hr 1 hr	£45 £45 £55 £40 £55 £45 £45 £45
Helen Cooke	Nutritional Therapist	Tuesday evening Thursday afternoon	1 <sup>st</sup> appt 1 hr 30 min Follow up appt 45 min	£75 £40
Matthew Eatwell	Chiropractor	Wednesday late pm/evening Friday late pm/ evening	1 <sup>st</sup> appt -1 hr Follow up appt - 20 min	£50 £35
Carole Gardiner	Massage & Pilates	Monday pm/evening Friday pm Saturdays	30 minute massage therapy, pilates instruction or consult 60 mins 90 mins	£25 £45 £60

Therapist	Expertise	Day	Duration	Price
Jamie Gisby	Acupuncturist	Wednesday am	1st appt – 1hr 30mins Follow up - 45 mins	£60 £40
Nicola Griffiths	Hypnotherapist	Tuesday am and pm Wednesday am	1 <sup>st</sup> appt – free of charge Subsequent appointments: 1 hr 2 hr (quit smoking)	FREE £60 £145
Jane Hamley	Chiropody	Wednesday am /pm	1 <sup>st</sup> appt - 1hr (45 mins) Follow Up (30 -40 mins)	£34 £32
Jenny Hillman	Astanga Yoga	Tuesday am/lunchtime Thursday evening	Block of 6 classes Drop in	£10 each £12 each
Martin Holding	Cranial Osteopath/  Food intolerance Vitamin & Mineral screen Food Intolerance/Vitamin & Mineral Screen Full Body Screen	Thursday Friday am	1 <sup>st</sup> appt - 1 hr /Follow up 40min Children Under 16 -1 <sup>st</sup> appt Children Under 16 - 40 mins 1 <sup>st</sup> appt - 1 hr/Follow up 1 <sup>st</sup> appt - 1 hr/ Follow up 1 <sup>st</sup> appt - 1hr 30 mins 1 <sup>st</sup> appt - 1 hr 30 mins	£50/£40 £40 £35 £70/£60 £50/£40 £100 £90
Ruth Holmes	Allergy Testing & Nutritional Therapist  Prices include VAT	Monday am and pm	1 <sup>st</sup> appt - 2 hrs Follow up- 1 hr Child (1-11yrs) 1 <sup>st</sup> apt - 2 hrs Child (1-11yrs) Follow up - 1 hr	£91.20 * £55.20 * £79.20 * £43.20 *
Catherine Montgomery	Foot Health -Nail trimming, corn & callus removal, diabetic foot care, fungal & thickened nails, vascular/neurological assessment, foot massage	Tuesday am	1 hr (includes 10 min foot massage) 45 mins	£34 £30
Sabina Marland	Lymphatic Drainage Massage Dr Hauskchka treatment Dr Hauskchka treatment Facial Firming treatment	Tuesday am	1 <sup>st</sup> Appt 1 hr 15 min  2hrs 1 hr 1 hr	£60/hr  £89 £55 £99
Katharine Mulligan	Psychodynamic Counselling	Thursday pm	Individual work 50min Couple/Family work 50 min	£38 £48
Gisela Norman	Acupuncturist  Reiki Master	Tuesday pm	1 <sup>st</sup> appt - 1hr 30 mins Follow up - 45 mins 45 mins	£60 £40 £40
Jonathan Nunn	Osteopath	Tuesday pm Tuesday evening	1 <sup>st</sup> appt – 1 hr Follow up – 40 min	£50 £40
Debbie Schofield	Homeopathy	Wednesday am	1 hr to 1 hr 30 mins Child Follow up - 45 mins Child	£65 £45 £45 £35
Caroline Sheldrick	Medical Herbalist	Friday am	1 <sup>st</sup> appt - 1 hr 1 <sup>st</sup> appt - 1 hr OAP Follow up - 30 mins	£38 £30 £25
Nikki Straughan	Osteopath	Monday am Thursday am	1 <sup>st</sup> appointment - 1 hr Follow up - 40 mins	£50 £40
Christine Woodward	Counsellor (also available in Cheltenham & Stroud)	As required	50 mins (individual) 1 hr (couple)	£40 £40